

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

Course Title: **Introduction to Addictions**
Course Code: **HDGUO-3**
Program: **Native Community Worker Program**
Semester: **One**
Date: **September 1997**
Author: **Native Education Department**

Revised: X

APPROVED
Dean, School of Native Education /

COURSE OUTLINE: INTRODUCTION TO ADDICTIONS (HDGI 10-3) Page 2

I. PHDLOSOPHY/GOALS:

An addiction interferes with the healthy lifestyle of an individual, family and community. Students will gain an understanding of the impact on physical, mental, spiritual and emotional aspects related to the consequences of addictive behaviours.

H. LEARNING OUTCOMES:

Upon successful completion of this course, the student will be able to:

1. Categorize and differentiate between the effects of various drugs.
2. Elaborate upon the relationship between the development of dependencies and the impact of addictions on an individual.
3. Compare and contrast theories of addiction currently accepted in the field.
4. Identify the impact of addictions on lifestyle, family dynamics and community life.

DX TOPICS TO BE COVERED:

1. 5 Major Drug Categories
2. Development of physical and psychological dependency
3. Theories of addictions
4. Impact of addiction on individuals
 - 4.1 Co-dependency
 - 4.2 Addicted families—Roles, Rules, Dynamics
 - 4.3 ACOA Issues

IV. LEARNING ACTIVITIES/RESOURCES:

1. Drugs, their types and effects
 - * Instructor's presentation on drugs and their effects
 - * Video - Drugs and You/ Class discussion (video obtained from ARF)
2. Development of Dependency
 - * Presentation on dependency perspectives
3. Theories of Addictions
 - * Presentation on the twelve theories of addiction
4. Impact of Addictions
 - * Presentation on Co-dependency, Addicted families and children of addicted families
 - * Video - The Honour of All
 - Claudia Black "Roles"
5. Individual Presentations
 - * The students present addiction related information beyond course material thus far.
 - * Some topics that may be covered: Crack babies, Addictive Behaviours, Gambling, Cocaine, Caffeine, Solvents
 - * Resources: Students choice of resources upon approval of instructor

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METHOD OF EVALUATION:	<u>PLANNED DATES</u>	
Mid-Term Test	25%	Week of October 6
2 Book Reports:	15%	#1 Due week of Oct. 13
	15%	#2 Due week of Dec. 8
Presentations	10%	Begins week of December 1
Report	10%	Due week of Nov. 17
Final Test	25%	Week of November 24
Total	100%	

- A. There will be two tests. The first test will cover the first 3 topics: Development of Dependency, Major Categories of Drugs and Theories of Addictions. Test two will cover the second half of the course which deals with the Impact of Addictions on the Families and Co-dependency Behaviours, ACOA Issues. Tests **CANNOT** be re-written to obtain a higher grade. Tests may be re-scheduled at the instructor's discretion, for substantial and substantiated reasons for absence on that test day. Students who miss a test **MUST** make re-scheduling arrangements directly with the instructor **AS SOON AS POSSIBLE**.
- B. There will be two book reports to complete for this course. Each student is to select two books, preferably non-fiction, for supplementary reading. The first book should focus on one of the issues dealt with in the first half of the course. The second book should meet the same requirements but focus on an issue dealt with in the second half of the course. Each book **must** be approved by the instructor unless it is from the Book List provided..

Students are expected to read these books on their own. Following completion of each book, students are to write a brief paper (3-5 typewritten pages) covering the following sections:

1. Brief summary of the book (5%)
2. Summary of students' personal reaction to the book, with specific references to the book (5%)
3. Summary of how information from the class fits into the material presented in the book and if this has enhanced understanding of the material, how did it do so? (5%)

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C. Presentation: Choose a topic related to the field of addictions. Make sure that you secure a topic early with your instructor as there will be **no duplication of presentations**. This is an individual effort **NOT** a group activity. Research and organize an **oral** presentation of your topic. You will be allotted 15 minutes during the last three weeks of the course to present.

1. Organization of material - 5
2. Presentation of material - 5
3. Content -not repetitive of material already covered- 5

Total - 15 (to be converted to mark for 10%)

D. Report: Students will write a report on an issue related to addictions currently in the news. The report will be 4 - 6 double-spaced typewritten pages. Specifics on process and format to be provided by instructor.

VL REPORT RESOURCE LIST:

To be provided in class.

VH. SPECIAL NOTES:

Students with special needs (e.g. physical limitations, visual impairment, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

Significant learning takes place in the classroom through an interactive learning approach, therefore, **ALL** students must attend 60% of the classes to obtain a passing grade.

ALL assignments are to be handed in on the due date and are to be typewritten. Any late assignments will be penalized 1% per each day late.

VII. COLLEGE EVALUATION SYSTEM:

Letter grades, for transcript purposes, will be calculated as follows:

- 90% -100% = A+
- 80% - 89% = A
- 70% - 79% = B
- 69% - 69% = C
- Below 60% = R (Repeat of the course)